

### Increasing Your Leadership Capacity

- Developing yourself in order to reproduce yourself.
- Jesus reproduced Himself. They were called disciples.
- Discipleship is in our DNA and it's our calling.
- Unless we are discipling others, life will feel like a series of tasks rather than people being developed.
- In order to disciple others, we first must be growing disciples.
- In order to grow, you must know where you are now. Tell yourself the truth. Ask the hard questions. If you can't ask yourself the hard questions, you will never be able to grow beyond where you are now.
- **Your capacity isn't defined by *doing* more, rather it's the limit of what you can *become*.**
- People want to follow a confident leader. Confidence grows in the soil of possibility.
- Increasing your leadership capacity comes from a growth mindset.
- David grew from tending sheep (tasks) to becoming king of an entire nation (leadership).
- Your capacity grows when you redefine your limitations as opportunities, not restrictions.
- Create space for your leadership heart and soul to expand to new levels.
- Embrace what you don't know by trying new ideas.
- **Your capacity is defined by your commitment to grow.**
- Leaders that are increasing their capacity are committed to pushing the boundaries imposed by their own mindsets.
- Develop leadership momentum by desiring growth more than comfort.
- Growing leaders are pursuing new skills and expanding their influence.
- **You must possess courage to get to where you've never been.**
- You can know your leadership capacity today by asking yourself some hard questions:
  - *Is anyone following me or am I just taking a stroll?*
  - *Am I leading or am I doing?*
  - *Am I spending more time doing or developing?*
  - *Is my dream big enough and attractive enough for people to be a part of?*
  - *Am I investing in my personal growth?*
- John Maxwell – The Rule of 5
- Essentialism – it's not about doing less; it's about doing what is significant.
- *"The size of our expectation determines what we keep."* – John Maxwell

#### How to Increase Your Capacity:

1. Get vision and keep the vision in front of you.
2. Don't underestimate the power of daily. "We overestimate what we do in a day and we underestimate what we can do in several days." – John Maxwell
3. Read, read, read.
4. Ask questions.
5. Have mentors.

#### Discussion Questions:

1. How are you increasing your capacity as a leader?
2. What is one way you can challenge someone you are leading to increase their capacity?
3. What is one book you would recommend that would help you grow as a leader?